

SAFE SPORT DIALOGUE

Foundations of Safe Sports
and Athlete's Safeguarding

Workshop | Deliberations | Working Groups

21 – 23 October 2026

Organised by

Bharat Centre of Olympic Research and Education
RASHTRIYA RAKSHA UNIVERSITY

About the Dialogue

Safe Sport and athlete safeguarding have been declared as one of the key strategic priority areas of the International Olympic Committee (IOC), reflecting the Olympic Movement's commitment to protecting athletes and promoting safe, respectful, and athlete-centred sporting environments. In line with this global priority and responding to the evolving needs of India's growing sports ecosystem, this initiative provides a unique platform for dialogue, international knowledge exchange, and hands-on learning, empowering athletes, coaches, and sports administrators to strengthen Safe Sport practices and contribute to a safer sporting culture in India.

DAY - 1

Athletes, Coaches & Sports Administrators jointly

DAY - 2

Athletes

DAY - 3

Coaches & Sports Administrators

Attendees

- Nominated Athletes/Coaches/Administrators from **National Sports Federations**
- Athletes/Coaches/Administrators from **Sports Authority of India (SAI) Centres**
- Athletes/coaches/administrators from **Sports Academies**

Observers

- **Research Scholars / Academicians**
Sports Sciences, Sports Psychology, Sports Management, Sports Law, Physical Education
- **Stakeholders**
Sports Federations, National Sports Federations (NSFs), NGOs, Athlete Support Personnel, Child Protection & Safeguarding Professionals, Sports Medicine & Rehabilitation Professionals

Dialogue Objectives

- To introduce Safe Sport and athlete safeguarding in the Indian sporting ecosystem by building awareness of international frameworks, national developments, and emerging best practices.
- Promote a positive, inclusive, and athlete-centred sporting culture by encouraging ethical conduct, respect, dignity, and shared responsibility across the sports ecosystem.
- Build practical capacity to recognise and address safeguarding risks by understanding legal, ethical, and institutional responsibilities, and learning effective approaches for prevention, reporting, and response.

Session Details

- Olympism, Athlete-Centred Sport and the Safe Sport Movement
- Understanding Safe Sport and Athlete Safeguarding
- Safety, Protection, Welfare and Duty of Care
- Athlete Rights and Responsibilities
- Forms of Harassment and Abuse: Global Perspectives and Indian Realities
- Consent, Healthy Boundaries and Effective Communication
- Athlete Representation and Collective Voice
- Mental Health and Well-being in Sport
- Culturally Informed Athlete Safeguarding and Mental Health
- Reporting Pathways and Responding to Disclosures
- Duty of Care, Safe Coaching Practices and Professional Responsibilities
- Legal Framework for Safeguarding in India (POCSO, POSH, JJ Act, BNS)
- Developing Institutional Safeguarding Policies
- Risk Assessment and Safe Sporting Environments
- The Olympic Movement, National Governance and the Safe Sport Policy Landscape
- Comparative Case Studies: Indian and International Perspectives

Interactive Learning Components

- Expert Panel Discussions
- Case Study Analysis
- Scenario-Based Learning and Role Plays
- Interactive Group Discussions
- Policy Drafting and Action Planning
- Knowledge Exchange with International Experts

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